

Fredonia State

Department of Athletics & Recreation

Substance Abuse Education and Testing Policy

Effective August 1, 2019

Updated: July 18, 2022

Policy Statement

This policy establishes a drug testing program that is mandatory for all Fredonia State student-athletes. While this Fredonia State Athletics policy and program is separate and distinct from the NCAA Drug-Testing Program, the terms, processes, and conditions laid out in this policy are subject to change in conjunction with the NCAA policy. Fredonia State Athletics reserves the right to amend this policy at any time, with written notification to student-athletes of any updates.

This policy is not to be construed as a contract between the institution and the student-athletes at Fredonia State. However, signed consent and notification forms shall be considered affirmation of the student-athlete's agreement to the terms and conditions contained in this policy.

All SUNY Fredonia student-athletes are subject to the policies and procedures outlined in this document per the Student Rights and Responsibilities (Code of Conduct) that applies to all SUNY Fredonia students. Attendance at this University is a privilege afforded the student by the State of New York and not a legal right. The determination of a student's fitness to be admitted to the University and to continue as a student has been entrusted by the Board of Trustees of the State University to the President and their staff. The term "student" or "students" include all persons taking or auditing classes at SUNY Fredonia, both full-time and part-time, pursuing undergraduate, graduate, or professional studies; matriculated in any University program. The term "student-athlete" includes all members of all intercollegiate varsity athletic teams, and begins at the time the student-athlete pays their deposit, and continues through commencement from the University, or until they are removed from the team.

Rationale

[Banned substances](#), when used in connection with athletic activities or physical conditioning programs, may pose serious risks to the health of the student-athlete and may endanger other persons in contact with the user. Such use may result in illness, temporary or permanent injury, or even death. In addition, the use of certain performance-enhancing substances may temporarily improve some types of athletics performance and thereby create an unfair competitive advantage for the person using them, violating the basic principles of sportsmanship.

Fredonia State student-athletes are expected to adhere to applicable laws as set forth at the national, state and local levels. The legal age for consumption of alcohol or tobacco will be the standard by which student-athletes are held. The consumption of tobacco, by persons age 18 and up, is legal. However, it is banned by the NCAA. The consumption of alcohol by persons under the age of 21 is illegal. Any student-athlete known to have violated the age limits will be subjected to the processes and procedures outlined in this document, the Student-Athlete Handbook, and the SUNY Fredonia Student Rights and Responsibilities (Code of Conduct).

Intercollegiate student-athletes frequently become highly publicized role models and their use and abuse of banned substances can negatively influence other young people, as well as damage the reputation of the University.

Student-athletes who join any roster after the date of the first drug test will be eligible for testing during the next round of testing. Fredonia State Athletics reserves the right to conduct drug testing at any point during the academic year.

Applicability of the Policy

This policy applies to students who participate in intercollegiate athletics at Fredonia State. A positive test will not subject a student-athlete to further adjudication under the drug policy found in the Student Rights and Responsibilities (Code of Conduct).

The threshold for a passing drug test mirrors the NCAA threshold. More information can be found [here](#).

Policy Elaboration

Educational Program

Each student-athlete at Fredonia State shall be required to participate in substance abuse education activities prescribed by the Department of Athletics. Initial education will be administered to all student-athletes as part of the yearly compliance meetings. Additionally, any student-athlete may seek assistance for a substance abuse problem at any time by contacting his or her coach, an athletics department staff member, or an Athletic Training staff employee.

More information and resources regarding drug testing can be found at:

[NCAA Sport Science Institute](#)

[Drug Free Sport AXIS](#), 1.877.202.0769 (password: ncaa3)

Prevention, Advocacy, and Wellness Services (PAWS)

The PAWS program strives to create a campus culture in which members make informed and responsible decisions regarding their personal and community health. PAWS works to reduce the incidence, prevalence, and severity of substance abuse and interpersonal violence related problems among SUNY Fredonia students. This comprehensive program provides training, advocacy services, intervention, and educational opportunities in the following areas: alcohol and other drugs; rape and sexual assault; dating and domestic violence; stalking and harassment; and sexual health.

Hours of Operation/Location

LoGrasso Hall Monday-Friday, 8:30 a.m. - 4:30 p.m.

Contact Information

Phone: (716) 673-3424

Fax: (716) 673-3140

Email: julie.bezek@fredonia.edu

Web: www.fredonia.edu/counseling

Dietary Supplement Policy

There are two types of supplements: dietary supplements and performance enhancing supplements. Dietary supplements are designed to supplement your diet for the purpose of filling in any gaps that may exist from less than perfect nutrition. Performance enhancing supplements are designed by definition to enhance your athletic performance.

Regarding dietary supplements, you should always try and get all your vitamins and minerals from proper nutrition and the foods you eat. However, supplementing with a multivitamin to ensure you are getting all your required vitamins and minerals can be an easy and affordable way to make sure your body is getting the nutrition it needs.

Performance enhancing supplements refer to supplements that claim they can help you gain muscle, reduce fat, help you recover, etc. Since supplements are not regulated by the federal government, Fredonia State Athletics does not condone the use of performance enhancing supplements. Fredonia State Athletics

understands that some supplements are safe and healthy and will help improve athletic performance, but finding them is not easy and in the process you could mistakenly take a supplement that is banned, and therefore jeopardize your health and future eligibility in your sport. **NEVER ASSUME A PRODUCT IS SAFE. ALWAYS CHECK FIRST.**

If you are considering taking any form of dietary or performance enhancing supplement, please check with a member of the Athletic Training Staff.

Safe Harbor Program

A student-athlete eligible for the Safe Harbor Program may refer himself/ herself for voluntary evaluation, testing and treatment for alcohol or drug problems.

A student-athlete is not eligible to enter the Safe Harbor Program:

1. More than one (1) time;
2. After he/she has been informed of an impending drug test;
3. After documentation of a positive drug test; or
4. Thirty (30) days prior to NCAA or Conference postseason competition.

Fredonia State Athletics will work with the student-athlete to prepare a Safe Harbor treatment plan, which may include confidential drug testing. The student-athlete will be tested for banned substances upon entry into the Safe Harbor Program and such a positive initial test will not result in any administrative sanctions except those listed in this section (i.e. the team physician may suspend the student from play or practice if medically indicated). A student-athlete will be permitted to remain in the Safe Harbor Program for a reasonable period of time, not to exceed thirty (30) days, as determined by the treatment plan.

If a student-athlete is determined to have new banned substance use and/or alcohol use after the initial Safe Harbor Program test (as determined by follow-up testing), or fails to comply with the Safe Harbor Program treatment plan, the student-athlete will be removed from the Safe Harbor Program and be subject to appropriate disciplinary actions as detailed in the Fredonia State Athletics Substance Abuse Education and Testing Policy. Entering the Safe Harbor Program will be treated as one of the disciplinary action phases and any positive test indicating new banned substance use and/or alcohol use after the initial Safe Harbor Program test will be treated as the next subsequent positive.

While in compliance with the Safe Harbor Program treatment plan, the student-athlete will not be included in the list of students eligible for random drug testing by SUNY Fredonia. Students in the Safe Harbor Program may be selected for drug testing by the NCAA.

The Director of Athletics, Team Physician, Head Athletic Trainer, and the student-athlete's Head Coach may be informed of the student-athlete's participation in the Safe Harbor Program. The athletic trainer assigned to the student-athlete's sport may also be notified if medically appropriate. The assistant coaching staff may also be informed at the discretion of the Head Coach. Other University employees may be informed only the extent necessary for the implementation of this policy.

Implementation of Testing

Unannounced random and team testing

A student-athlete, a percentage of the members of a team, or an entire team may be subject to unannounced testing during the preseason, traditional season, non-traditional season or out of season (any time during the academic year). The selection of individuals may be made by an external certified drug testing lab (Drug Free Sport) through a random drawing of names from the team roster, or by athletic administration in cases of reasonable suspicion. Student-athletes will be given at minimum, 12-hours notice, and no more than 24 hours notice, before the drug testing will occur. If a student-athlete is participating in a contest on the day/night before testing, Fredonia State Athletics reserves the right to delay notification of testing until the completion of the contest. Fredonia State Athletics personnel will determine the most efficient means of communication to

contact the student-athlete.

Reasonable Suspicion

A student-athlete may be subject to testing at any time when the Director of Athletics or his/her designee determines there is individualized reasonable suspicion to believe the participant is using a prohibited drug. Such reasonable suspicion may be based on objective information as determined by the Director of Athletics, or by another member of Fredonia State Athletics staff, and deemed reliable by the Director of Athletics or his/her designee.

Reasonable suspicion may include, without limitation:

1. Observed possession or use of substances appearing to be prohibited drugs.
2. Arrest or conviction for a criminal offense related to the possession or transfer of prohibited drugs or substances, or observed abnormal appearance, conduct or behavior reasonably interpretable as being caused by the use of prohibited drugs or substances.

Consequences of failure to participate in or cooperate with testing

1. If a student-athlete declines to execute the SUNY Fredonia Drug Testing Consent Form (Appendix A), his/her eligibility to participate in intercollegiate athletics will be terminated for the balance of the academic year.
2. If a student-athlete fails to appear for his/her assigned drug test, the absence shall be considered failure to comply and result in sanctions equivalent to testing positive for a street drug. If, due to approved mitigating circumstances (hospitalized, out of the country etc.), the student-athlete cannot be present for his/her assigned drug test, a test will be scheduled by the athletic department for the student-athlete within seven (7) days to be tested. If a drug test is not scheduled within seven (7) days, the student-athlete will be immediately ineligible until the next scheduled test, for which they will automatically be chosen to participate.
 - a. Mitigating circumstances must be communicated with the Director of Athletics, but will not constitute a reason for not being tested.
3. During a test, if the student-athlete fails, within a reasonable period of time, to produce a satisfactory sample, or after the fourth diluted sample, his/her eligibility to participate in intercollegiate athletics will be suspended until the student-athlete produces the required sample under conditions prescribed by the Director of Athletics or his/her designee.
 - a. The conditions will be the same as listed above.
4. If the student-athlete refuses to provide a sample or manipulates his/her sample to alter the integrity and/or validity of the sample, the refusal/manipulation shall be considered failure to comply and result in sanctions equivalent to testing positive for a street drug. If the sample tested for a masking agent is positive, the student-athlete becomes ineligible resulting in sanctions equivalent to testing positive for a street drug. If the sample tested for a masking agent is negative the student-athlete must produce an appropriate sample within seven (7) days.
 - a. The conditions will be the same as listed above.

Consequences of a positive test for banned substance use and sanctions

The minimum consequences specified below will apply following any positive result on a drug test administered pursuant to this Policy or any positive result on an NCAA-administered drug test.

Individual team sanctions may also be imposed by the coach as a result of a positive test for a banned drug. However, team standards must be in writing, distributed to each student-athlete annually, and have prior approval by the Director of Athletics.

The student-athlete affirms that they understand the policy and it is their intent to sign the policy and adhere to the following sanctions (*signature in Appendix A*):

Street Drugs

- Suspended for 50% of all NCAA scheduled, traditional season contests in all sports the student-athlete participates.
 - If a positive test is found toward the end of one season, the suspension carries over to the next season.
- Complete an online drug education program. This program has a cost and must be completed before scheduling educational meetings.
- Attend a minimum of 2 educational meetings with an Alcohol & Other Drug Counselor.
- Provide a negative test, at the student's expense, 1-2 weeks before the determined reinstatement date.
 - Testing location to be determined by and/or approved by a member(s) of Fredonia State Athletics.
- Student may continue to practice with the team at the coach's discretion. No team travel but the student may support the team at home contests in street clothes.
- Sanctions must be completed in a reasonable time frame, under the direction of the coach, with prior approval by the Director of Athletics or his/her designee, and prior to the determined reinstatement date.

If the student fails to adhere to sanctions they will be suspended from Fredonia State Athletics participation for one full year from the date of the positive test.

6

A second positive drug test will result in the loss of all remaining eligibility.

Performance Enhancing Drugs

The student-athlete will be suspended from Athletic Department participation for one full year from the date of the positive test.

A second positive drug test will result in the loss of all remaining eligibility.

Notification of Parent(s) or Guardian(s)

The student-athletes parent(s) or guardian(s) will be informed by the Director of Athletics, or his/her designee, of the known facts concerning banned substance use and the conditions to be imposed by the University as a result of those facts only after the student has given permission to do so through a signed consent form.

Procedures for Imposing Sanctions, Notification and Appeal

Fredonia State Athletics has the right, at any time, to terminate the student-athlete's privilege to participate on a team for reasons other than a violation of this Policy, including, but not limited to violations of other University, Departmental, or team policies.

The following procedures apply in the case of suspension or termination associated with a positive drug test pursuant to this Policy.

Written notice

Before any suspension or termination is imposed, the student-athlete will be given written notice by the Director of Athletics, or his/her designee, of his/her intent to suspend or terminate eligibility, the reasons for the proposed action, and the right of the affected student-athlete to request an appeal. Written notice will be provided in a personal meeting with the Director of Athletics, or his/her designee, and/or by certified mail, if necessary.

Request for an appeal

A student-athlete may appeal the decision of the Director of Athletics. Appeals must be in writing and sent

within three business days of receiving verbal or written notice (certified mail) of suspension or termination. Appeals must document mitigating circumstances leading to a positive drug test or equivalent event.

If mitigating circumstances are not provided, an appeal will not be granted. Failure of the student-athlete to appeal the decision within three business days following his or her receipt of written notice will be considered a waiver of the appeal.

Appeal

Appeal Committee

- Appeals will be heard by a standing committee consisting of three persons appointed by the Vice President for the Division of Student Affairs. The Appeal Committee will be chaired by a senior member of the Division of Student Affairs, one coach, and one other staff member in the Division of Student Affairs. No member of Fredonia State Athletics administration may serve on the appeal committee.

Conduct of Appeal

- An appeal hearing shall be convened within ten (10) business days after it is requested. The appeal hearing shall be conducted in private, and the following individuals may be present:
 - The members of the appeal committee,
 - The affected student-athlete and a support person of his/her choice,
 - The Director of Athletics, or designee,
 - Witnesses, as needed, to document mitigating circumstances.

Scope of review

- The appeal committee will determine whether the mitigating circumstances presented by the student-athlete are sufficiently compelling to alter the decision of the Director of Athletics and, if so, determine the nature of any sanctions. The committee may not recommend a more severe sanction.

Committee Report

- The committee will report its decision in writing to the Director of Athletics and the student-athlete within three business days of the hearing. Committee deliberations are confidential. The committee decision is final.

Confidentiality of Information concerning use of banned substances

Any information concerning a student-athlete's alleged or confirmed use of banned substances, solicited or received pursuant to implementation of this Policy, shall be restricted to institutional personnel and to parents or guardians as provided herein, except as required by law. No other release of such information will be made without the student-athletes written consent, except as required by law.

Policy review and amendment

A Substance Abuse Education and Testing Policy Review Committee appointed by the Director of Athletics will interpret this Policy and program as necessary, review its administration annually, and recommend any Policy or program changes to the Director of Athletics for approval by the Director and the Vice President of the Division of Student Affairs. The committee shall be comprised of substance abuse professionals, faculty members, Fredonia State Athletics administrators, Division of Student Affairs administrators, members of the Athletic Training staff, and others as determined by the Director of Athletics. All proposed changes shall be reviewed by University legal counsel.

Definitions

Banned Drugs: The current list may include, but is not limited to the list attached in Appendix B. The list is subject to change by the NCAA Executive Committee, and the student-athlete shall be held accountable for all banned drugs at the time of testing.

Contact

Jerry Fisk, Director of Athletics
SUNY Fredonia
Dods Hall, Fredonia, NY 14063
Gerald.Fisk@fredonia.edu
716.673.3101

Related Documents / Policies

Appendix A Drug Testing Consent Form
Appendix B NCAA Banned Drugs
Appendix C Urine Collection Guidelines for Student-Athletes
Appendix D Drug Testing Reasonable Suspicion Reporting Form
Appendix E Safe Harbor Form
Appendix F Positive Test Notification Form
Appendix G Supplement Consent Form

Effective Dates

Approved by SUNY Fredonia Administrative Cabinet on 04/01/2019.

Appendix A

Drug Testing Consent Form
Pursuant to
Fredonia State Department of Athletics
Statement of Policy Concerning
Substance Abuse Education and Testing Program
For Intercollegiate Athletics

I have read this Statement of Policy. I have been given an opportunity to ask any questions I may have had about the Policy. I understand the Policy and my responsibilities under it, and I have decided voluntarily to participate in the intercollegiate athletics program to which this Policy applies. I consent to tests for banned substances administered pursuant to this Policy.

(Signature of Student-Athlete)

(Date)

(Name Printed)

(Signature of Parent or Guardian, *if the student-athlete is under age 18*)

(Date)



NCAA Banned Substances

It is the student-athlete's responsibility to check with the appropriate or designated athletics staff before using any substance.

The most current NCAA list of Banned Substances can be found [here](#).

Any substance that is chemically related to one of the classes listed on the NCAA site, even if it is not listed as an example, is also banned.

Many nutritional/dietary supplements are contaminated with banned substances not listed on the label. It is the student-athlete's responsibility to check with the appropriate athletics staff before using any substance.

**THERE IS NO COMPLETE LIST OF BANNED SUBSTANCES.
DO NOT RELY ON [THIS LIST](#) TO RULE OUT ANY LABEL INGREDIENT.**

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting:

[Drug Free Sport AXIS](#) at 816-474-7321 (password: ncaa3).

Appendix C

SUNY Fredonia Collection Procedures

SUNY Fredonia Urine Collection Guidelines for Student Athletes-performed by Drug Free Sport, Inc.

1. Confidentiality will always be maintained during drug testing procedures. Student athletes will have the opportunity to choose the gender of the drug-testing collector. Fully private bathrooms and accommodations will be made for the test. The staff and crew will maintain an environment that is respectful and upholds the dignity and comfort of student athletes and collection crew members.
2. Only those persons authorized by SUNY Fredonia AT Staff and certified collector will be allowed in the collection room. The certified collector and SUNY Fredonia AT Staff will determine the release of a selected student-athlete from the collection room prior to completing the specimen collection process.
3. Upon arrival, student-athlete will need to remove all outer jackets and sweatshirts as well as turn off cell phones. The student-athlete will provide photo identification and/or a SUNY Fredonia AT representative will identify the student. The student-athlete will check-in with the Drug Free Sport certified collector and verify their information is correct.
4. The student-athlete will randomly select a set of beaker barcodes to complete necessary information before proceeding with the specimen collection process. The certified collector will use one of the beaker barcode stickers from the selected set and place it on the Student-Athlete Notification Form. The Student-Athlete Notification Form most likely will have the student-athlete's signature from being notified the day before. If the notification process was completed through a direct phone contact, the student-athlete will sign the form at the moment of arrival.
5. The student-athlete will select a specimen collection beaker from a supply of such and will be escorted by a collector (same gender or gender preferred by student-athlete) to the restroom to provide a specimen. The student-athlete will place a unique barcode onto the beaker. And then rinse his/her hands with soap and water and then dry hands.
6. The collector will directly observe the furnishing of the urine specimen to assure the integrity of the specimen.
7. The student-athlete will be responsible for keeping the collection beaker closed and controlled.
8. Fluids and food given to student-athletes who have difficulty voiding must be from sealed containers (approved by the collector) that are opened and consumed in the station. These items must be free of any other banned substances.
9. If the specimen volume is incomplete, the student-athlete must remain in the collection station until the sample is completed. During this period, the student-athlete is responsible for keeping the collection beaker closed and controlled.
10. If the specimen is incomplete and the student-athlete must leave the collection station for a reason approved by the certified collector and client representative, specimen must be discarded.
11. Upon return to the collection room, the student-athlete will begin the collection procedure again.
12. Once an adequate volume specimen is provided; the collector will escort the student-athlete to the specimen processing table.
13. The specimen collector will instruct the student-athlete to closely observe the specimen processing steps and will then measure the specific gravity.
14. If the urine has a specific gravity below 1.005, the value will be recorded on the Student-Athlete Notification Form next to the bar code. The student-athlete will then be escorted and observed by the collector to discard their invalid specimen. Upon returning to the collection

- room, the student-athlete will need to randomly select a new set of beaker bar codes. The student-athlete must remain in the collection room until another specimen is provided.
15. If the urine is concentrated (1.005 SG or higher), the specimen processor will record the specific gravity value on the Student-Athlete Notification Form, and the sample will be processed and sent to the laboratory.
 16. If a student-athlete is suspected of manipulating specimens while within the collection area (e.g., via dilution, substitution), the collector will collect another specimen from the student-athlete.
 17. Once a specimen has been provided that meets the on-site specific gravity, the student-athlete will randomly select a sample collection kit from a supply of such. The specimen processor will instruct the student-athlete to randomly select another set of specimen bar codes that will be used to identify the student-athlete with the lab.
 18. The specimen processor will open the kit, demonstrate to the student-athlete the vials are securely sealed, open the plastic, and open the A vial lid. The processor will pour the urine into the A and B vials and close the lids. The specimen processor should pour urine into vials above the minimum volume level (35 mL in A vial; 15 mL in B vial) and pour as much urine as possible into vials using care not to exceed the maximum levels (90 mL in A vial; 60 mL in B vial).
 19. The specimen processor will securely close the lid on each vial and then seal each vial using the vial seals/specimen barcodes off of the set that was randomly selected by the student-athlete for the lab; assuring seals are tightly adhered to the vials with no tears or loose areas.
 20. The specimen processor will place the vials in the pouch of the plastic bag that was within the sample collection kit. The bag should then be sealed. The sealed bag with vials will then be placed in the sample box. The box will then be sealed with a specimen barcode seal off of the set of barcodes that are for the lab.
 21. The specimen collector will place a specimen barcode on the Student-Athlete Notification Form and verify that it matches the barcode on the sample box that was sealed in front of the student-athlete. Additionally, the specimen collector will place the last specimen barcode on the College/University Specimen Tracking Form and write in the student-athlete's name next to it.
 22. The specimen processor must then collect all necessary signatures or initials from the collector on the Student-Athlete Notification Form within the Validator field.
 23. The student-athlete is then released by the specimen collector.
 24. The student-athlete will take their Student-Athlete Notification Form and check out of the collection area with the collector. The collector will scan the barcode of the beaker that was used as well as the specimen barcode label for the lab. The student-athlete will verify all information being correct and give their signature and check that they understand the process.
 25. All sealed samples will be secured in a shipping case. The collector will prepare the case for forwarding. When two split samples are collected and packaged, care must be taken to assure one sample is placed in the shipping container for shipment to the "drugs of abuse" laboratory and one sample is placed in the shipping container for shipment to the "anabolic steroids" laboratory.
 26. After the collection has been completed, the samples will be forwarded to the laboratory and copies of any forms forwarded to the designated persons.
 27. The samples become the property of SUNY Fredonia.
 28. If the student-athlete does not comply with the collection process, the collector will notify SUNY Fredonia and Drug Free Sport.

Appendix D

FREDONIA STATE ATHLETICS DRUG TESTING REASONABLE SUSPICION REPORTING FORM

Under the reasonable suspicion clause of the Drug Abuse Education and Testing Policy, I believe that _____ (*name of student-athlete*) has shown sign(s), symptom(s) or behavior(s) that reasonably warrant referral to the Director of Athletics for possible drug testing.

The following sign(s), symptom(s) or behavior(s) were observed by me over the past _____ hours and/or _____ days.

Please check below all that apply:

The Student-Athlete has shown:

- _____ irritability/loss of temper
- _____ sloppy hygiene and/or appearance
- _____ poor motivation
- _____ failure to follow directions
- _____ verbal outburst (e.g. to faculty, staff, teammates)
- _____ physical outburst (e.g. throwing equipment)
- _____ emotional outburst (e.g. crying)
- _____ weight gain or weight loss

The Student-Athlete has been:

- _____ late for practice
- _____ late for class
- _____ not attending class
- _____ receiving poor grades
- _____ staying up too late
- _____ missing appointments
- _____ missing/skipping meals

The Student-Athlete has demonstrated the following:

- _____ dilated/constricted pupils
- _____ withdrawn and/or less communicative
- _____ smell of alcohol on the breath
- _____ constantly running and/or red nose
- _____ staggering or difficulty walking
- _____ recurrent bouts with a cold or the flu
- _____ recurrent motor vehicle accidents and/or violations

- _____ red eyes
- _____ over stimulated or "hyper"
- _____ excessive talking
- _____ smell of marijuana
- _____ slurred speech
- _____ periods of memory loss
- _____ recurrent violations of The SUNY Fredonia Student Code of Conduct

Other specific objective findings include: _____

Submitted By: _____
Signature of Athletic Dept. Staff *Date*

Reviewed By: _____
Signature of Director of Athletics/Designee *Date*

Counselor Consulted: Yes / No _____
Circle One *Name of Counselor* *Date Consulted*

Circle One: Reasonable suspicion finding upheld Reasonable suspicion finding denied

Appendix E

Fredonia State Athletics Safe Harbor Policy and Procedures Acknowledgement Form

I, _____ (*print name*), understand that, according to the Fredonia State Athletics Substance Abuse Policy and Procedures, I may self-refer into the Safe Harbor Program once during my intercollegiate athletic career for voluntary evaluation and counseling.

I further understand that I am not eligible for the Safe Harbor Program after being informed of an impending test, after having received notification of a positive institutional test or NCAA drug test, or thirty (30) days prior to NCAA or Conference post-season competition.

Fredonia State Athletics will work with me to provide a treatment plan which may include confidential impermissible substance testing. I will be furnished with a copy of the treatment plan and guidelines after an initial meeting with a substance abuse counselor to evaluate the extent of any of my substance use.

I understand that if I test positive for an impermissible substance upon entering the Safe Harbor Program, the initial test result will not result in any administrative sanction, but may be suspended from play or practice if medically warranted. I will be permitted to remain in the Safe Harbor Program for a reasonable period, not to exceed thirty (30) days, as determined by the treatment plan.

If I fail to comply with the treatment plan, I will be removed from the Safe Harbor Program and my initial Safe Harbor positive test will be treated as a first positive and subject to the sanctions as set forth in the policy. While in the Safe Harbor Program, I will not be included in the regular random testing program, but may be selected for drug testing by the NCAA. Upon successful completion of the Safe Harbor program, I will be subject to additional testing for one calendar year.

The Director of Athletics, the Team Physician, the Head Athletic Trainer and my head coach or his/her designee will be informed of my participation in the Safe Harbor Program. My assistant coach(es) may be notified at the discretion of the head coach or designee. Other University employees may be informed only to the extent necessary for the implementation of this policy.

Student-Athlete Name: _____ Sport: _____

Student-Athlete Signature: _____ Date: _____

Fredonia State Athletics Staff Signature: _____ Date: _____

Appendix F

Student-Athlete Notification of Positive Finding and Treatment Planning Sheet

Name: _____ Date: _____

Sport: _____ F#: _____

Positive Drug Test or Alcohol/Tobacco Incident

Date of Drug Test/Alcohol or Tobacco Incident: _____ Positive (*circle*): 1st 2nd 3rd

Nature of Positive Test or Incident (also see attached Laboratory testing form if applicable): _____

Recommendations/Referral:

Placed on probation (*circle*) YES / NO If YES, Start Date: _____ % of season: _____

Mandatory Referral to Fredonia Health Services/Alcohol and Drug Counseling (*circle*) YES / NO

Date of Evaluation Appointment: _____ Time: _____

Unannounced Drug Screening, cost of this is the responsibility of the student-athlete (*circle*) YES / NO

Suspension from competition (*circle*) YES / NO If YES, Start Date: _____ % of season: _____

Permanent Removal from Team (*circle*) YES / NO If YES, Effective Date: _____

I, the undersigned student-athlete understand all conditions, sanctions, and mandatory referrals associated with my violation of the Fredonia State Athletics Substance Abuse Education and Testing Program. I understand that a failure to comply with all parameters of treatment will constitute a positive test and that I will, at a minimum, be subject to the ramifications of that subsequent offense and may be subject to indefinite suspension or permanent removal from participation in intercollegiate athletics at SUNY Fredonia.

Student-Athlete Name: _____ Sport: _____

Student-Athlete Signature: _____ Date: _____

Fredonia State Athletics Staff Signature: _____ Date: _____

Appendix G

Fredonia State Athletics Supplement Consent Form

Name: _____ Sport(s): _____ Date: _____

By completing this form I am disclosing any and all nutritional supplements that I am taking or intend to take. I acknowledge the risk of losing my eligibility to participate in intercollegiate athletics if I test positive for an NCAA banned substance that may be found in any substance that I may take, regardless of the reason or purpose for taking such supplements. I also acknowledge the possible health risks that may be associated with taking an over-the counter nutritional supplement.

I acknowledge and understand that the labeling on these products can be misleading and inaccurate because they are not regulated by the Food and Drug Administration (FDA), and that sales personnel are paid to sell these products and cannot accurately certify that these products contain no substances banned by the NCAA.

Terms such as "healthy" or "naturally occurring" do not necessarily mean safe to take or use, or that the NCAA endorses a product or approves its usage. In other words, what's in the bottle is not always on the label. If I do not know what I am taking, I am risking both my health and my eligibility.

The NCAA does not accept ignorance as an excuse following a positive drug test for a banned substance. Before taking or using any supplement, I am responsible for taking appropriate steps to ensure that it does not contain any substance banned by the NCAA. I acknowledge and understand that I can inquire about products by contacting the Center for Drug-Free Sport Axis. I understand that this is a free service and all inquiries are kept confidential. (<https://dfsaxis.com/users/login> with the password: ncaa3)

Supplement / Product	Name of Manufacturer	Purchased where?
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____

Please initial if **not** currently taking any nutritional supplements: _____

Comments:

Student-Athlete Signature: _____ Date: _____